

OCTOBER MENU

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Chicken Nuggets, Angel Hair Rice, Vegetables, Milk Subst. Lunch	Pasta Alfredo Vegetables, Fruit Milk Subst. Lunch	Picadillo, Mashed Potato, Vegetables, Milk Subst. Lunch	Chicken, Rice, Vegetables, Fruit Milk Subst. Lunch	Beef Burritos, Mexican Rice, Fruit Milk_ Subst. Lunch
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Mac & Cheese, Vegetables, Milk Subst. Lunch	Fish Sticks, Rice, Vegetables, Fruit Milk Subst. Lunch	Meat loaf, Mashed Potato, Vegetables, Milk Subst. Lunch	BBQ Chicken, Rice, Vegetables, Fruit Milk Subst. Lunch_	Pasta with Meat Balls, Beets, Milk Subst. Lunch
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Hamburgers, Tatter Tot, Milk Subst. Lunch	Pasta Marinara, Vegetables, Fruit Milk Subst. Lunch	Turkey Meat Balls, Rice, Vegetables, Milk Subst. Lunch_	Chicken Rice, Plantain, Fruit Milk Subst. Lunch	Chicken Nuggets, Angel Hair Rice, Vegetables, Milk Subst. Lunch_
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Chicken Sandwich, Tater Tot, Milk Subst. Lunch	Creamy Marinara Pasta, Vegetables, Fruit Milk Subst. Lunch	Roasted Turkey, Mashed Potato, Vegetables, Milk Subst. Lunch	Chicken, Rice, Black Beans, Fruit Milk Subst. Lunch	Fish Sticks, Rice, Vegetables, Fruit Milk Subst. Lunch

THE MENU CAN CHANGE, WITHOUT PRIOR NOTICE, BECAUSE OUR PROVIDERS DO NOT GUARANTEE THE AVAILABILITY OF THE PRODUCTS

Substitute Lunch,
Select One:

- A) Ham & Cheese Sandwich
- B) Turkey & Cheese Sandwich
- C) American Cheese Sandwich
- D) Tuna Sandwich
- E) Chicken Sandwich
- F) Bagel with C/Cheese or Jelly
- G) Chicken Nuggets
- H) Mac & Cheese
- I) Pasta Alfredo
- J) Fish Stick
- K) Fried Chicken Tenders

Student Name_	
Grade	